



Modern Nutrition in Health and Disease

50th Anniversary edition

Source: Lippincott Williams & Wilkins (LWW)

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ISBN-10: 0781741335

ISBN-13: 9780781741330

The Tenth Edition of this widely acclaimed book is a complete, authoritative reference on nutrition and its role in contemporary medicine, dietetics, nursing, public health, and public policy. Distinguished international experts provide in-depth information on historical landmarks in nutrition, specific dietary components, nutrition in integrated biologic systems, nutritional assessment through the life cycle, nutrition in various clinical disorders, and public health and policy issues.

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Other Information:

n Edition: 10th ed.

n Pages: 2146

n Year: 2005

n Illustrations: 480