Includes comprehensive coverage on the treatment of foot and ankle sports injuries.

The 31 chapter text includes an overview of the foot, ankle, and lower extremity; Ankle Instability; Ankle Intraarticular Injury; Tendon Disorders; Trauma; Hindfoot, Midfoot, and Forefoot; Lower Leg, and Miscellaneous topics including pediatric sports injuries, sport specific injury prevention, rehabilitation, and shoe selection.