For all healthcare professionals who have ever felt unable to provide effective therapy for this disease, or who have encountered negative patient and community attitudes to joint pain, Fast Facts: Osteoarthritis is essential reading.

Osteoarthritis is the most common joint disorder and represents a massive problem in our aging society. For most people, it is a syndrome of joint pain and stiffness, with associated functional problems that have a substantial impact on quality of life.

The two internationally renowned authors of Fast Facts: Osteoarthritis believe that “something can be done to help every person with osteoarthritis”. This comprehensive handbook includes:

* a clear and concise description of the normal joint
* a detailed overview of the pathology of osteoarthritis
* expert guidance on well-established diagnostic criteria and investigations
* up-to-date, practical information on drug therapy, non-pharmacological treatments and surgical options
* joint-specific treatments for the hand, hip and knee, including intra-articular corticosteroid injections

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