Fast Facts: Depression

Completely rewritten by new authors, this third edition of Fast Facts: Depression provides concise and clear descriptions of the features, identification and management of depression; presents the wider context of cause, cost, distribution and risk; and summarizes the latest evidence that underpins good practice in this area.

In the diagnosis and treatment of depression, clinicians must base their knowledge and skills on robust and up-to-date evidence and appropriate systems of service delivery but there are few medical handbooks that provide such a comprehensive and practical overview of current knowledge in this field. Fast Facts: Depression is suitable for healthcare professionals working in both primary care and specialist medical centers as it provides a depth of content that is ideal for anyone who wants to better understand depression as both an international public health problem and a common clinical mental health disorder.