Overcoming Functional Neurological Symptoms: A Five Areas Approach

Uses the proven and trusted five areas model of Cognitive Behaviour Therapy (CBT) to help people experiencing a range of medically unexplained symptoms, including chronic headaches, fatigue, dizziness, loss of sensation, weakness and numbness.

Invaluable proven, practical and easy to use workbooks for all CBT practitioners, psychiatrists, psychologists, neurologists, physiotherapists, occupational therapists and healthcare workers to use to help the people in their care help themselves.

Publication Year: 2011
Edition: 1st
Author/Editor: Williams, Chris; Smith, Sharon; Sharpe, M.; Kent, Catriona
Publisher: CRC Press
ISBN: 978-1-444-13834-4
Doody's Star Rating®: ★★★★★ Score: 96
Platform: Ovid
Product Type: Book
Speciality: Neurology
Language: English
Pages: 296
Illustrations: 0