For all doctors, whether undergraduate or postgraduate, who are training to gain postgraduate qualifications and further their academic career.

The book explains what an academic career involves, the process of application, the routes and options available and the pitfalls to be avoided. It provides mentorship and guidance from the knowledge of experienced key opinion leaders and has been compiled by those currently close enough to the process to be qualified to give relevant and meaningful advice. It outlines all the steps within academia from diploma and masters courses through to completing a PhD and holding professional positions. With practical advice, hints, tips, pearls of wisdom the book outlines career pathways, how to succeed in a competitive and uncertain landscape and how to cope with the pressures that this brings. Inspirational and encouraging this text presents an essential survival guide preparing the candidate with background knowledge, critical advice on the do's and don'ts of obtaining an academic post.