Covers the child and adolescent mental health issues that present to all professionals working with children, young people and their families. In this book, clear theoretical explanations are balanced with illustrative case histories to give the text a distinct practical focus.

The book covers all the core aspects of child and adolescent mental health, starting with the background to emotional and behavioural problems, looking at models and tools for assessment and treatment before examining the specific problems encountered in children, young people and their families from different cultural backgrounds.