This concise, practical and accessible introduction to research in nursing provides a "how to" guide to the basics of research and offers an overview of the way research is used in nursing to promote developments in practice, influence policy, enhance care delivery and improve patient outcomes.

This is an essential text for all student nurses as well as newly qualified nurses seeking to undertake research for the first time. Part One focuses on real experiences and includes stories about doing and implementing research - what it means; why it is important to nursing, nurses, patients, managers and policy makers; and why it is exciting to do, use and evaluate research in order to ensure that practice and working environments are as good as they can be. Part Two will draw from these experiences and elaborate on key information needed to critically read and implement research in practice, including:

- Asking worthwhile questions for practice
- Ensuring that the right research design is selected to answer the research question
- Sorting out data
- Telling other people about research
- Using research in practice
- Gaining permission to conduct research
- Evaluating care

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