Acupuncture and Moxibustion for Depression

This well-organized and comprehensive clinical series of acupuncture is categorised by important diseases.

This book details modern theories and the treatment of depression in traditional Chinese medicine by focusing on the methods, skills and key techniques of acupuncture and moxibustion. Included are preventative medicine tips, clinical experiences and case studies, quotes from classical texts, and modern research.

It contains both western medicine’s outlook and Chinese medicine’s outlook on each specific disease. It also provides detailed western disease information and Chinese clinical treatment effective for each disease.