Cardiac arrhythmias produce rapid, slow or irregular heart beats and are extremely common and range in severity from benign to sudden, life-threatening emergencies. Some patients may be acutely conscious while others may be unaware. Whether you or a loved one suffers from heart rhythm disorders, You and Your Arrhythmia:A Guide to Heart Rhythm Problems for Patients and Their Families offers help. This book includes cases with simple explanations to provide patients and their families with a better understanding of heart rhythm disorders, diagnosis, treatment, and long-term care.