The book covers basic assessment and procedural skills, medications, intravenous (IV) therapy, nutrition, wound care, sterile field setup, and patient preparation. It facilitates equipment mastery for respiratory and cardiac care along with troubleshooting tips for monitoring and mechanical devices. Also included is information on specific types of cardiac units, such as cardiac, surgical, neuro, and the burn unit. Documentation, advance directives, organ donations, palliative and end-of-life care are also discussed.

The resource addresses the requirements of The Joint Commission and recommendations of the Centers for Disease Control and Prevention, such as isolation precautions and personal protective equipment application. Other important information is provided such as normal hemodynamic measurements, basic electrocardiographic (EKG) rhythms, 12-lead EKG electrode placement, and a "Do Not Use" abbreviation list in the appendix that will help prevent medication errors.