This book serves as an authoritative reference for health care practitioners and researchers concerned with mobilizing support for individuals caring for a disabled adult or child family member. The authors integrate numerous types of research to provide a comprehensive compendium of best practices for social support within vulnerable populations.

This book provides a wealth of insight into the experience of family caregivers and describes the importance of support. Nurses, practitioners, researchers, and professionals will find this book useful, as they provide care to patients, plan programs, or develop policies intended to assist family caregivers. Armed with this essential knowledge of the best methodological approaches to family caregiving, readers will have both the insight and tools to optimize caregiving across the range of hospices, treatment facilities, and home care.

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