This completely revised fourth edition of a comprehensive core text for advanced health care practitioners is distinguished by its focus on the increasing role of the APRN in primary care of the multiple sclerosis (MS) patient, the importance of involving the interdisciplinary team in different aspects of care, and the imperative of early and aggressive symptom interventions.

Written by expert clinicians in easy-to-read outline format, the text includes the most current diagnostic tools and strategies for managing the disease process in both physical and psychosocial areas, with an emphasis on helping MS patients cope with the disease through the teaching and implementing of self-care strategies.

New to this edition:
- Provides thoroughly updated content throughout
- Focuses on the role of the APRN in primary care
- Stresses the importance of early and aggressive symptom interventions
- Includes a new chapter on pain management
- Offers chapter objectives and review questions
- Serves as a reliable study review for the MSCN exam, with revised certification review questions
- Covers interdisciplinary involvement
- Illuminates new diagnostic tests and pharmacologic strategies, such as treatment of acute attacks, immune-modulating and symptomatic therapies, and nonpharmacologic interventions
- Presents updated guidelines for managing symptoms
- Emphasizes the role of nursing in helping patients achieve independence and improved life quality
- Includes new content on ethics, professionalism, and culturally competent care

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