A wealth of advocacy tools for health and mental health professionals at all levels of training and practice are included in this clear and comprehensive volume. Written by medical, legal, and policy experts, it fills a void in the literature by addressing multiple topics in advocacy in the health field as a whole. The text addresses the legislative process, provides step-by-step approaches for using the media, and discusses when to seek an attorney, when to litigate, working with family and community, and funding strategies. It also covers such seldom-addressed topics as leveraging research findings for advocacy purposes.