Understanding the role of dementia caregivers in different ethnic and cultural contexts is one of the most important skills that social workers should master. This comprehensive volume provides practical guidance for social work professionals who work with Black and Latino families living with the daily challenges of Alzheimer’s disease and other forms of dementia. It is grounded in the interpretation and meaning of dementia in Black and Latino cultural heritages, and based on both a solid theoretical framework and the substantial research and clinical expertise of the authors.

Detailed, step-by-step guidelines to assessment and intervention in ethnic-specific situations provide useful strategies that go beyond generic solutions. The text presents an overview of the epidemiology and clinical course of dementia with a focus on those forms of the disease most common to Blacks and Latinos. It addresses family care and role responsibilities in ethnic families and their theoretical, ethnic, and cultural foundations. Self-efficacy and cognitive behavioral problem-solving theories are discussed as modalities of choice. The text also considers financial and service delivery trends and use of technology, and provides detailed forms, documents, and dementia care resources. Numerous case studies will help readers to quickly put information into the context of real-world situations.