This book covers the ambulatory process throughout the entire patient pathway offering extensive and authoritative evidence and opinion to the many stakeholders in this multidisciplinary subject.

The last ten years has seen major advances in day case anaesthesia with the introduction of new equipment, multimodal techniques, and new anaesthetic agents specifically designed for ambulatory surgery. The rapid expansion of minimally invasive surgery has enabled many more procedures to be performed on a short stay basis and the development of new processes and patient pathways requires expert pre-assessment, nurse-led discharge and outreach follow-up.

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