This essential easy-to-use guide provides guidance on the immediate care for patients with sporting injuries.

Covering every type of sporting emergency from head injuries to altitude sickness, this crucial volume appeals to a wide audience, from the doctor involved directly in sports medicine to the doctor who occasionally watches their children play sport and is concerned that they will occasionally be called upon to give medical advice. It will also appeal to allied health professionals involved in any aspect of sport. The book will also help organizers to plan in advance for larger sporting events.