Brings a balanced understanding of different aspects of gender and mental health. Exploring issues covering psychological, social, and cultural aspects of mental health problems, this book looks at epidemiological data that shows increased frequency in different clinical aspects of many psychiatric disorders, the biological and endocrinological concomitants of mental health, and eating disorders, perinatal psychiatric disorders, and the long term effects of abuse - helping readers to appreciate the societal, parental, and personal consequences of mental health problems.