Youth Leaving Foster Care: A Developmental, Relationship-Based Approach to Practice

Youth Leaving Foster Care is the first comprehensive text to focus on youth emerging from care, offering a new theoretical framework to guide programs, policies, and services. The book argues that understanding infant, child, and adolescent development; attachment experiences and disruptions; and the impacts of unresolved trauma and loss on development are critical to improving long-term outcomes. It provides an overview of the foster care context, detailed discussion of the effects of maltreatment on development from infancy through young adulthood, and common mental health problems and treatment recommendations.

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