Solution-Focused Brief Therapy: A Handbook of Evidence-Based Practice

Addressing both researchers and practitioners, a distinguished cast of international, interdisciplinary contributors review the current state of research on SFBT interventions and illustrate its applications—both proven and promising—with a diverse variety of populations, including domestic violence offenders, troubled and runaway youth, students, adults with substance abuse problems, and clients with schizophrenia.

This expansive text also includes a treatment manual, strengths-based and fidelity measures, and detailed descriptions on how to best apply SFBT to underscore the strengths, skills, and resources that clients may unknowingly possess.