The Breast Cancer Companion is for the 2+ million women living with breast cancer in the US. It provides a step-by-step guide through the breast cancer treatment process guiding women towards a healthy outcome.

The book is full of health information, tips, questions, resources, and inspirational quotes from breast cancer survivors that will guide women through the treatment process. It provides ample space and encouragement to record questions, thoughts and feelings, doctor's appointments, medications, and contact information for the oncology team and others. It covers myriad details often lost in the trauma and emotion of diagnosis and illness. It will help women be well-organized and well-informed, and have peace of mind so that, so they have the time and energy to focus on what matters most: staying well and achieving a healthy outcome.

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