Polycystic ovary syndrome, or PCOS, is a common endocrine disorder that affects as many as one in ten American women of childbearing age. While the causes are unknown, high blood pressure, diabetes, abnormal hair growth, weight gain, acne, and fertility issues are all strongly correlated with PCOS.

What Nurses Know...PCOS sheds light on this common condition and its symptoms and treatment.

Well organized and clearly written, the book gives readers all the information they need and want to know.