Written by two caregivers with 55 years of experience, the book addresses the challenges caregivers face dealing with the behaviors of those they are caring for.

Through the use of diagrams, charts, examples, and stories the book will help caregivers to understand what their loved ones are going through. And what they, as caregivers, are going through as well. Although no one has all the answers to the puzzle of Alzheimer's yet, this book will help people to understand and give better care to persons living with and the people caring for them.