Provides an evidence-based consideration of the use of complementary and alternative (CAM) therapies in epilepsy care.

Written by three distinguished epileptologists with a long-standing interest in alternative therapies, this book provides an evidence-based consideration of the use of complementary and alternative (CAM) therapies in epilepsy care. Organized by problem, the authors review alternative approaches to epilepsy-related conditions to help physicians, healthcare professionals, CAM providers, and patients understand the options and safely integrate treatments that work into their regimens.