Teaches how to guide patients and families in setting up a simple plan that minimizes treatment's unwanted effects, how to coordinate with other clinicians involved in the patient's management; and how to develop a directed survivorship program in your practice.

Divided into three sections, the book covers what everyone needs to know about survivorship, how to implement effective and enduring care, and how to work with patients utilizing The LEARN System (Living, Education, Activity, Rest, Nutrition) that Dr. Fleishman developed.