Maternal Obesity

Addresses the adverse effects of obesity among women of childbearing age, including infertility, medical complications, problems in labor and adverse birth outcomes - and reviews evidence that the obese mother’s in utero environment has long-lasting influences on the health of the developing child.

Obesity incidence continues to grow in both the developed and developing world. More than 300 million women are clinically obese and this has profound effects on health during pregnancy and the wellbeing of the unborn child. In the face of such a challenging pandemic, this book reviews the latest research, providing up-to-date advice on clinical management.

Chapters cover basic, clinical and population perspectives, providing valuable information from mechanistic insight through to public health and policy implications. Invaluable for obstetricians, gynecologists, pediatricians, family practitioners, endocrinologists, midwives and dieticians, as well as researchers and public health policy makers seeking to tackle the burden of maternal obesity-related illness.