Fundamentals of Sleep Technology

Provides a thorough understanding of the use of polysomnography and other technologies in the evaluation and management of sleep disorders. Coverage includes in-depth reviews of the neurophysiology and cardiopulmonary aspects of sleep, along with the pathophysiology of sleep disorders. Detailed sections on polysomnography include recording procedures, identifying and scoring sleep stages and sleep-related events, and report generation. Chapters discuss therapeutic interventions including positive airway pressure, supplemental oxygen, surgical and pharmacologic treatments, and patient education. A section focuses on pediatric sleep disorders and polysomnography. Also included are chapters on establishing and managing a sleep center and accrediting a sleep program.

Publication Year: 2012
Edition: 2nd Ed.
Author/Editor: Lee-Chiong, Teofilo L.; Mattice, Cynthia; Brooks, Rita
Publisher: Lippincott Williams & Wilkins (LWW)
ISBN: 978-1-451-13203-8
Doody's Star Rating®: ★★★★★ Score: 100
Platform: OvidMD, Ovid
Product Type: Book
Speciality: Neurology
Language: English
Pages: 630
Illustrations: 0
Included In:
- Hospital Medical Reference Essentials 2019 DS
- Lippincott Williams & Wilkins Neurology Book Collection
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- OvidMD Advantage Extended DS
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