Sanctioned by the American College of Sports Medicine (ACSM), this handy review addresses all areas of the sports medicine subspecialty board examination—with coverage that spans the full spectrum of sports medicine, from medical to skeletal conditions related to the athlete.

The editors and authors include orthopedic surgeons, family physicians, pediatricians, internal medicine specialists, physiatrists, certified athletic trainers, physical therapists, psychologists, nutritionists, exercise physiologists and more, ensuring that you’ll benefit from the broad spectrum of expertise embraced by the specialty.

- Seven convenient sections address general considerations, evaluation of the injured athlete, medical problems, musculoskeletal problems, principles of rehabilitation, sports-specific populations, and special populations.
- Comprehensive coverage includes all topic areas featured on sports medicine subspecialty board exams.
- Easy-access bulleted format makes essential facts simple to locate and recall.
- Tables, figures, and algorithms make complex ideas easy to grasp and retain.