Multicultural Handbook of Food, Nutrition and Dietetics

The must-have practical resource for dietitians, nutritionists and students working with both well settled but also recently migrated ethnic groups. Written by a team of authors drawn from the British Dietetic Association’s Specialist Multicultural Nutrition Group the book provides in-depth information to equip the reader in the provision of nutrition advice to minority groups. Spanning a broad range of cultural groups the book seeks to consider religious and cultural requirements in relation to traditional diets; research on migration studies and chronic disease states; and nutrition and dietetic treatment in relation to key chronic diseases.

Publication Year: 2012
Edition: 1st
Author/Editor: Thaker, Aruna; Barton, Arlene
Publisher: Wiley
Doody's Star Rating®: 83
Platform: Ovid
Product Type: Book
Speciality: Nutrition & Dietetics
Language: English
Pages: 412
Illustrations: 0