Psychosocial Rehabilitation is a comprehensive ready-reference for mental health practitioners and students, providing practical advice on the full range of interventions for psychosocial rehabilitation.

It contextualises the interventions described and provides pointers to enable the reader to explore the theory and research.

This manual recognises the wide-ranging impact of mental illness and its ramifications on daily life, and promotes a recovery model of psychosocial rehabilitation and aims to empower clinicians to engage their clients in tailored rehabilitation plans.