This practical resource addresses the full scope of shoulder injury diagnosis and management - from anatomy and natural history, to injury classification and both surgical and nonsurgical management.

- Emphasis on current controversies allows readers to weigh opposing viewpoints and choose the best management strategy for first-time dislocators, multi-directional shoulder instability, stabilization of injuries in a contact athlete, management of SLAP tears, treatment of shoulder injuries in the elderly, and more!
- Multiple techniques are presented for key disorders allowing readers to select the most appropriate management strategy for each patient.
- Step-by-step coverage of each procedure ensures proper technique, minimizes error, optimizes results, and reduces post-surgical recovery times.
- Helpful illustrations highlight key concepts from the text.