Implementing Evidence Using an Action Research Framework

This book seeks to demonstrate how action research can be used as a strategy to implement evidence into practice.

Action research is a complex, reflexive and cyclical research methodology that cannot be reduced to a single method of inquiry, such as qualitative or quantitative methods.

This book is intended as an introductory guide to action research in translational health science and includes a discussion on the philosophical underpinnings of action research and methods used to conduct this type of research.