Phobic and Anxiety Disorders in Children and Adolescents - Evidence Based Practice

Compact, authoritative guidance to effective assessment and treatment of the most common psychological difficulties in children and adolescents - phobia and anxiety disorders.

This authoritative but compact text addresses the psychopathology, assessment, and treatment of the anxiety disorders and phobias in childhood and adolescence.

These perplexing conditions are the most prevalent psychological difficulties in young people and result in considerable impairment and distress, not only to the child but also to her or his family. Effective treatments exist, but unfortunately many of these interventions are either not known to the practicing professionals or not used by them. This volume aims to address this gap and to present these interventions in a clear and straightforward manner.

Publication Year: 2013
Edition: 1
Author/Editor: Grills-Taquechel, Amie E.; Ollendick, Thomas H.
Publisher: Hogrefe Publishing GmbH
ISBN: 978-0-889-37339-6
Doody's Star Rating®: ★★★  Score: 96
Platform: Ovid
Product Type: Book
Speciality: Child Development Psychology, Clinical Psychology
Language: English
Pages: 130
Illustrations: 0
Included In: Hogrefe Publishing Book Collection