Cultural Variations in Psychopathology

An important resource for researchers and in particular for any mental health professional who works with ethnically diverse communities.

Culturally sensitive practice is a vital component of effective mental health care in our increasingly diverse societies: Mental illnesses vary in prevalence between cultural and ethnic groups, as do the meanings attached to them and people's responses to them.

The important implications of this interplay between culture and psychopathology for diagnosis and treatment are scrutinized and elucidated in this comprehensive and well-organized book, which uniquely looks at a range of practical examples involving various ethnic minority populations in North America and Europe. Leading experts from around the world have integrated divergent topics into a systematic and clinically relevant volume.