Presents and explains the many interrelated components essential to spine clinical research in an easily accessible way, guiding you step-by-step through the principles and methods of planning and evaluating clinical research.

With a special focus on bias reduction and spine-related case examples, this SMART approach represents those essential components:
- Study question
- Searching the literature
- Study design
- Measurements
- Analysis
- Resources and funding
- Timing

Also addressed in the book are special topics such as getting your manuscript published and conducting a meta-analysis. This SMART approach provides a clear and simple road map for the planning, execution, and critical appraisal of clinical research.