Written from an international perspective, this book refreshes and updates family physicians, psychiatrists in training, mental health nurses and medical students — in fact, all health professionals — who need to know about the disorder and need to know it quickly.

Schizophrenia is a devastating disorder that starts in early life and can lead to lifelong disability. It is a major public health challenge for all cultures and all countries. Clinical practice must therefore focus on early intervention, optimal treatment, shared decision-making and long-term recovery.

In this highly readable resource, the authors cover the present state of knowledge about the neurobiology, diagnosis and treatment of schizophrenia, including:

- Emerging evidence from genome-wide association studies for multiple susceptibility genes
- DSM-5 diagnostic criteria plus discussion of alternative classification systems
- Comprehensive review of drug and non-drug treatment strategies and how to improve adherence
- New management principles chapter that emphasizes the importance of coordinated multidisciplinary care
- Latest findings of structural and functional imaging studies.

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