The book disseminates the expertise of many of the most esteemed leaders and academic scholars in rehabilitation counseling. These authors emphasize state-of-the-art scientific evidence that supports the effectiveness of various counseling approaches and techniques for people with and without disabilities.

New to the second edition:
- Emphasizes state-of-the-art scientific evidence that supports the effectiveness of leading rehabilitation counseling theories and techniques
- Focuses on counseling theories and techniques regarding rehabilitation and health and chronic illness and disability
- Serves as a text for upper-level rehabilitation counseling students and a reference for rehabilitation counseling professionals
- Includes new chapters on evidence-based practice regarding counseling and therapy and motivational interviewing