Counseling Theories and Techniques for Rehabilitation and Mental Health Professionals

The book disseminates the expertise of many of the most esteemed leaders and academic scholars in rehabilitation counseling. These authors emphasize state-of-the-art scientific evidence that supports the effectiveness of various counseling approaches and techniques for people with and without disabilities.

New to the second edition:
- Emphasizes state-of-the-art scientific evidence that supports the effectiveness of leading rehabilitation counseling theories and techniques
- Focuses on counseling theories and techniques regarding rehabilitation and health and chronic illness and disability
- Serves as a text for upper-level rehabilitation counseling students and a reference for rehabilitation counseling professionals
- Includes new chapters on evidence-based practice regarding counseling and therapy and motivational interviewing