This unique text for undergraduate and master's-level social work and counseling courses on loss, grief, and bereavement is distinguished by its biopsychosocial perspective and developmental framework.

The second edition reflects new research that has clarified and underscored the value of theories examined in the first edition, particularly in the areas of continued bonds, disenfranchised grief, and ambiguous grief. It describes how grieving is influenced by biological responses to stress, psychological responses to loss, and social norms and support networks.

Key features:
- Uses a developmental framework for grief and loss
- Incorporates notions of loss beyond death, including unique maturational losses
- Integrates new grief theories with empirical findings and intervention techniques
- Utilizes neurobiological and biological information within a counseling text
- Focuses on nonpathologizing approaches to sadness, loss, and grief