This groundbreaking reference for palliative care nurses is the first to provide realistic and achievable evidence-based methods for incorporating compassionate and humanistic care of the dying into current standards of practice.

The book identifies the most common symptom management needs in dying patients and describes, in detail, the five components of the CARES paradigm and how to implement them to enable a peaceful death and minimize suffering. It includes palliative care prompts founded on 29 evidence-based recommendations and the National Consensus Project for Palliative Care Clinical Practice Guidelines.

The resource also addresses the importance of the nurse to act as a patient advocate, how to achieve compassionate communication with the patient and family, and barriers and challenges to compassionate care. Case studies emphasize the importance of compassionate nursing care of the dying and how it can be effectively achieved.

Key features:
- Provides nurses with a clear understanding of the most common needs of the dying and supplies practical applications to facilitate and improve care
- Clarifies the current and often complex literature on care of the dying
- Includes case studies illustrating the most common needs of dying patients and how these are addressed effectively by the CARES tool
- Based on extensive evidence as well as on the National Consensus Project for Palliative Care Clinical Practice Guidelines