This best-selling guide to the practicum and internship experience, written expressly for graduate counseling students by a seasoned counselor and educator, is now substantially revised with updated and expanded content including the 2014 ACA Code of Ethics.

With a strong focus on counseling as a specific professional identity, the book includes new information on developing one's own approach to counseling and supervision, maintaining satisfactory working relationships with supervisors and colleagues, developing good writing skills and record keeping, and managing crisis and trauma. The second edition also reflects such developments as DSM-5 and CACREP/CORE standards.

With a concise, accessible writing style, the book describes everything students need to know as they enter and progress through the practicum and internship process. Replete with plentiful case examples and sample forms and templates, this supportive manual encompasses information addressing how to select and apply for practicum/internships in all settings, including mental health, rehabilitation, schools, and addictions. It examines such ethical and legal issues as informed consent, confidentiality, client records, boundary issues, and liability insurance. Multicultural considerations that impact counseling along with the importance of self-care, including stress management and dealing with aggressive client behaviors, are also discussed in detail. This "mentor in a book" gives counseling students invaluable assistance in preparing for their first experiences working with clients, and eases the journey toward developing into a self-confident, skilled, and ethical practitioner.

New to the Second Edition:

- Updated to include content on 2014 ACA Code of Ethics, CACREP/CORE developments, legal issues, DSM-5, and social media
- Expanded content on developing an individual approach to counseling
- Provides new information on crisis intervention
- Increased content on supervision styles and models
- Expanded information on student safety at field sites
- Augmented discussion of careers
- Includes expanded self-reflection exercises for the intern

Key Features:

- Focuses on counseling as a specific professional identity
- Covers everything students need to know as they enter and progress through the practicum/internship process
- Mentors students in a supportive, user-friendly style
- Includes abundant case examples

Publication Year

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