Moral Distress and You: Supporting Ethical Practice and Moral Resilience in Nursing

Provides hands-on guidance and tools needed to help nurses overcome issues of moral distress and enable them to provide better patient care. Learn to:

- Categorize moral issues for better understanding of ethical concerns.
- Prevent incidents by helping to recognize the consequences of moral distress for you, your team and your patient.
- Identify the key factors that contribute to moral distress.
- Build the necessary capacities to deal with moral distress.
- Learn how to utilize the Moral Distress Thermometer to track and assess moral distress.

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