Guidelines for Nurse Practitioners in Ambulatory Obstetric Settings

The only comprehensive source of current, evidence-based guidelines for nurse practitioners, nurse-midwives, clinical nurse specialists, and other health professionals who provide prenatal and postpartum care in outpatient settings, this clinical reference covers the latest health care guidelines in an easy-to-read, outline format.

With three new chapters, Obesity in Pregnancy, Dermatological Concerns, and Preventing Zika in Pregnancy, the second edition has also been updated to include new guidelines from professional organizations such as the Association of Women’s Health, Obstetric and Neonatal Nurses; American Congress of Obstetricians and Gynecologists; American Academy of Pediatricians; and the U.S. Preventive Services Task Force.

This guide addresses clinical topics and practice standards regarding preconception, prenatal, and postpartum nursing care. Topics are broken down into definition, etiology, history, physical exam, lab exam, differential diagnosis, treatment, complications, consultation/referral, and follow-up. Sections provide in-depth detail on genetic counseling, health promotion and assessment, lactation issues, and medications during pregnancy. Tables and diagrams further illustrate and reinforce the content, and numerous web addresses are provided.

New to the second edition:
- Three new chapters, Obesity in Pregnancy, Dermatological Concerns, and Preventing Zika in Pregnancy
- New and updated guidelines from the Association of Women’s Health, Obstetric and Neonatal Nurses; American Congress of Obstetricians and Gynecologists; American Academy of Pediatricians; and the U.S. Preventive Services Task Force
- New clinical updates on genetic screening and testing, nausea and vomiting, use of low-dose aspirin to prevent pregnancy complications, HIV prevention using PrEP, breastfeeding, avoidance of nonmedically indicated early-term delivery, and use of marijuana and heroin
- New nomenclature for preeclampsia
- Updated information on healthy preconception care

Key features:
- Comprises the only comprehensive source of current guidelines for nurse practitioner care of obstetric patients in ambulatory settings
- Presents complete guidelines in consistent, easy-to-access outline format
- Written by board-certified nurse practitioners with more than 50 years of combined women’s health and obstetric/perinatal practice
- Offers guidelines on identifying complications and when to refer for specialist care

Publication Year 2017
Edition 2nd Ed.
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**Ovid®**

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<th>Publisher</th>
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<tr>
<td>Doody's Star Rating®</td>
<td>★★★★★ Score: 99</td>
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<tr>
<td>Doody Core Title</td>
<td>Score: 2.73 (Ambulatory) Doody's Essential Title</td>
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<td>Platform</td>
<td>Ovid</td>
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<td>Product Type</td>
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<td>Obstetrics &amp; Women's Health</td>
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<td>Language</td>
<td>English</td>
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<tr>
<td>Pages</td>
<td>375</td>
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<td>Illustrations</td>
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<td>Included In</td>
<td>Springer Publishing Doody's Premier Titles Collection 2018</td>
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