Learn techniques to successfully diagnose and treat young adults and physically active patients with pre-arthritic and degenerative hip pain.

This in-depth monograph will build your clinical knowledge and improve your understanding of the causes of labral tears and various new and rapidly evolving treatments in joint preserving and arthroplasty hip surgery.

Experts in the field provide a concise, yet comprehensive overview of the pathophysiology of degenerative hip pain and explore different options of management, including use of NSAIDs and vicosupplementation, arthroscopy, hip resurfacing, and total hip arthroplasty. This monograph is an excellent resource to anyone with an interest in treating the patient with hip pathology.

Sections include: Diagnosing the Young Adult with Hip Pain Current Recommendations on Medical Management of Noninflammatory Hip Pain Residual Pediatric Hip Deformities and Its Impact on the Adult Hip Arthroscopic Management of Hip Pain Current Management of Acetabular Dysplasia Femoroacetabular Impingment Current Designs and Survivorship of Modern Total Hip Replacements in Young Adults Hip Resurfacing: Indications and Results

The Monograph Series draws on current literature to support diagnosis, initial treatment, and management decision making for specific orthopaedic conditions.