Designed to be used in conjunction with courses in musculoskeletal medicine, this textbook's primary readership is expected to be first- and second-year medical school students, family physicians, pediatricians and associated medical professionals.

Its focus is on teaching the biology, anatomy and clinical evaluation of the musculoskeletal system, as well as musculoskeletal disorders and their management. Its effective student-directed learning format makes it an excellent resource for teaching or providing self-directed study for residents bringing them up to speed as they begin their training. It encompasses the spectrum of musculoskeletal medicine through evaluation and management. There are extensive sections on how to perform the physical exam, including photos and key terms that are defined in the glossary. It prepares students for steps 1-3 of the USMLE, is highly illustrated, and is ideal for both classroom use and independent study.

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