Multiple Ligamentous Injuries of the Knee in the Athlete

Build your understanding of the diagnosis and management of multiple ligamentous injuries of the knee in athletes.

This monograph will broaden your clinical knowledge, yet is concise enough to absorb in just one or two sessions.

Expert contributors explore these issues in-depth:
- Initial management; importance of history and clinical examination
- Seriousness of the injury, including likelihood and treatment of associated neurovascular injuries
- Mechanism of injury, relevant biomechanics, and diagnostic tests
- Problems associated with closed treatment
- Situations requiring open treatment vs. those that can be handled arthroscopically
- Effects of early vs. late repair
- Implications for return to play; rehabilitation after repair

Chapters are devoted to:
- Anatomy, classification, and surgical exposures
- High-energy dislocations
- Nonligamentous injuries
- Combined injuries of the ACL and MCL
- Posterolateral corner injuries
- PCL injuries
- Bicruciate Injuries
- Complications