Unstable Shoulder, The

Authorities in the field offer a detailed update on the anatomy and biomechanics of the stable and unstable shoulder.

The book also discusses the classification and evaluation of shoulder instability, treatment options and rehabilitation expectations. The book also includes coverage of acute, traumatic anterior dislocations; arthroscopic Bankart repair; anterior open and posterior; instability repairs; multidirectional and glenohumeral instability.

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