This booklet offers an update on the role of beta-blockers in cardiovascular medicine.

The role of beta-blockers has expanded over the years, as they have demonstrated their efficacy for treating several conditions affecting cardiovascular health. The role of beta-blockers is reviewed in the treatment of the following conditions:

- Ischemic heart disease
- Post-myocardial infarction
- Heart failure
- Dysrhythmias
- Hypertension