Life with Diabetes: A Series of Teaching Outlines

Diabetes education curriculum from the Michigan Diabetes Research and Training Center. Best-selling professional guide for diabetes educators!

Life with Diabetes has helped thousands of health care professionals gain the tools they need to facilitate behavior change and become effective teachers and counselors. This edition provides a structured, patient-centered approach to help diabetes professionals create customized, current lessons in all areas of diabetes management. Life with Diabetes gives you a comprehensive curriculum for delivering high-quality diabetes self-management education. Complete curriculum includes:

- 21 teaching outlines, covering the full range of diabetes topic teaching visuals
- Patient handout
- Participant assessment, education record, and follow-up forms
- Curriculum review guide
- Content updated to meet the National Standards for Diabetes Self-Management Education and Support

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