Life with Diabetes has helped thousands of health care professionals gain the tools they need to facilitate behavior change and become effective teachers and counselors. This edition provides a structured, patient-centered approach to help diabetes professionals create customized, current lessons in all areas of diabetes management. Life with Diabetes gives you a comprehensive curriculum for delivering high-quality diabetes self-management education. Complete curriculum includes:

21 teaching outlines, covering the full range of diabetes topics
visuals
patient handouts
participant assessment, education record, and follow-up forms
curriculum review guide
content updated to meet the National Standards for Diabetes Self-Management Education and Support

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