Pediatric and Adult Nutrition in Chronic Diseases, Developmental Disabilities, and Hereditary Metabolic Disorders

Offers a comprehensive reference to the nutritional interventions for diseases across the lifespan.

Comprising more than 60 topic-based chapters from leading figures in nutrition and medicine, this book is the most up-to-date work on diet as a symptom of, and therapy for, chronic, hereditary, and developmental disorders.

Enriched with tables and charts that distill the latest recommendations for nutrient intake, physical activity, this third edition is a convenient and essential resource for busy clinicians and students in nutrition, dietetics, and medical specialties.

Special features: Fully revised and updated to account for recent changes to the recommended daily allowances (RDAs) for macro- and micro-nutrients and other advances in the field of nutrition. More than 100 contributing authors with significant clinical or research experience in pediatric and adult nutrition. Covers nutrition and its role in maintaining health at every stage of the lifecycle from gestation to geriatric. Ideal reference for pediatrics, nutritionists, dietitians, physical therapists, and others who treat children and adults with special needs.

New to this Edition: Completely revised and updated to reflect the most up-to-date understanding of the biochemical basis of chronic diseases, developmental disabilities, and developmental disorders. Includes most recent recommendations for nutrient intake, physical activity, prenatal care, healthy body mass index (BMI) and more. Expanded coverage of the aging special-needs population provides vital insight into this rapidly growing demographic.