Ethnicity, Health and Primary Care

A broad but concise and practical introduction for general practitioners, registrars, practice and community nurses, bilingual healthcare workers, and medical students.

There is increasing ethnic diversity in our society posing challenges for health professionals and health care. Existing texts on ethnicity and health are often esoteric and academic in focus, accessible to researchers and policy analysts rather than health practitioners. Other texts consider a single health topic or cultural group.

Rather than be an encyclopedia of different ethnic groups and cultural practices, this book emphasises the need for practitioners to respond to people as individuals within a broader understanding of the diverse needs of communities. With contributions from practicing healthcare professionals, it stimulates readers to learn about and develop an effective approach to ethnic diversity in health care. Although focusing on primary care, the book’s general principles and its clinical coverage will be highly relevant to other health and social care practitioners, in addition to those developing and commissioning health services.